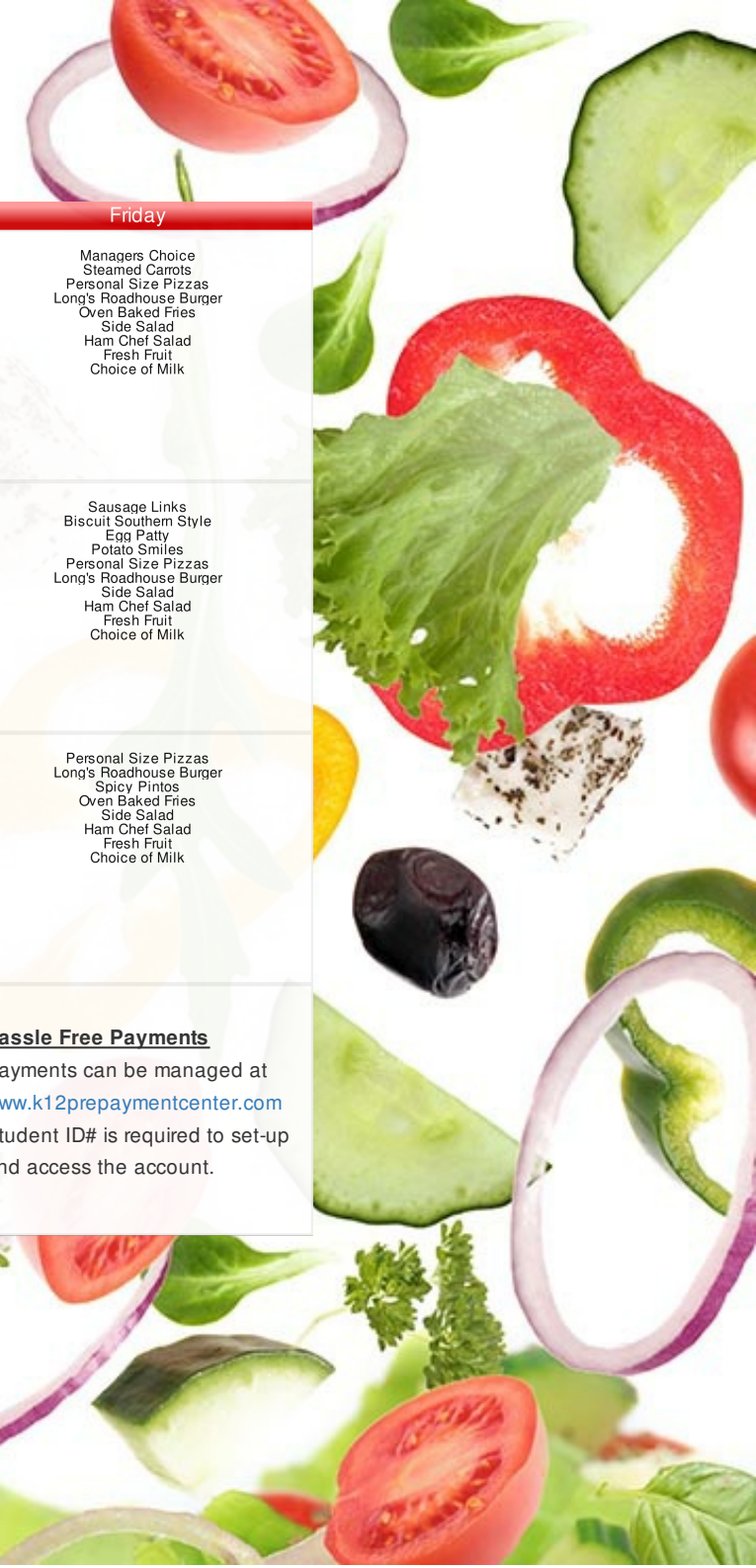


May 2017

LUNCH

Long County High School



Monday		Tuesday		Wednesday		Thursday		Friday	
1	Spaghetti Italiana Seasoned Green Beans Sweet Golden Corn Garlic Toast Personal Size Pizzas Cheeseburger on WW Bun Oven Baked Fries Side Salad Grilled Chicken Salad Fresh Fruit Choice of Milk	2	Pizza Logs with Marinara Sauce Oven Baked Fries Steamed Carrots Mini Vanilla Cookies Personal Size Pizzas Spicy Chicken Sandwich Oven Baked Fries Side Salad Tuna Salad Plate Canned Fruit Choice of Milk	3	Chicken Chunks Steamed Rice Brown Gravy Cheesy Broccoli Roll, Honey Wheat Sauce Nugget Variety Side Salad Ham Chef Salad Fresh Fruit Choice of Milk	4	Beefy Cheese Nachos Spicy Pintos Sweet Corn Nuggets Lettuce, Tomato Salsa Cup Sour Cream Personal Size Pizzas Smokehouse BBQ Sandwich Oven Baked Fries Side Salad Southwest Chicken Salad Canned Fruit Choice of Milk	5	Managers Choice Steamed Carrots Personal Size Pizzas Long's Roadhouse Burger Oven Baked Fries Side Salad Ham Chef Salad Fresh Fruit Choice of Milk
8	Chili With Cheez-Its Oven Baked Fries Baked Beans Personal Size Pizzas Meatball Sub Side Salad Southwest Chicken Salad Canned Fruit Choice of Milk	9	Beef Stew Teriyaki Rice Oriental Vegetables Breadstick Personal Size Pizzas Spicy Chicken Sandwich Oven Baked Fries Side Salad Tuna Salad Plate Canned Fruit Choice of Milk	10	Southern Chicken Tenders Squash Casserole Seasoned Broccoli Roll, Honey Wheat Sauce Nugget Variety Side Salad Ham Chef Salad Fresh Fruit Choice of Milk	11	Smoked Sausage w/ P & O Rice Pilaf Stewed Tomatoes Roll, Honey Wheat Jell-O Personal Size Pizzas Cheeseburger on WW Bun Oven Baked Fries Side Salad Grilled Chicken Salad Fresh Fruit Choice of Milk	12	Sausage Links Biscuit Southern Style Egg Patty Potato Smiles Personal Size Pizzas Long's Roadhouse Burger Side Salad Ham Chef Salad Fresh Fruit Choice of Milk
15	Salisbury Steak Chicken Rice Pilaf Mexicali Corn Pasta Salad Personal Size Pizzas Cheeseburger on WW Bun Oven Baked Fries Side Salad Grilled Chicken Salad Fresh Fruit Choice of Milk	16	Managers Choice Seasoned Broccoli Personal Size Pizzas Spicy Chicken Sandwich Oven Baked Fries Side Salad Tuna Salad Plate Canned Fruit Choice of Milk	17	Hot Wings Cheesy Ranch Potatoes Seasoned Green Beans Roll, Honey Wheat Sauce Nugget Variety Side Salad Ham Chef Salad Fresh Fruit Choice of Milk	18	Tangy Rib-B-Que Onion Rings wq, McCain Steamed Carrots Personal Size Pizzas American Sub Oven Baked Fries Side Salad Southwest Chicken Salad Canned Fruit Choice of Milk	19	Personal Size Pizzas Long's Roadhouse Burger Spicy Pintos Oven Baked Fries Side Salad Ham Chef Salad Fresh Fruit Choice of Milk
22	Managers Choice	23	Managers Choice	24	Prices for the Month: Paid: \$29.75 Reduced: \$6.80 Teacher: \$55.25	25	Choice of Milk: 1% Low-fat Fat-free Chocolate Fat-free Strawberry	26	Hassle Free Payments Payments can be managed at www.k12prepaymentcenter.com Student ID# is required to set-up and access the account.
29		30		31	Menu is subject to change due to product availability				

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